

# REMEMBER

Marilyn's 37-year-old son Randy and 16-year-old granddaughter Sara died in a car accident in 2006

BY MARILYN ROLLINS, adapted from the book,  
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## Self care articles for the bereaved

From the award-winning  
Grief Diaries book series



An iCare Aftercare resource  
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Remember the children, we ask tonight,  
As we continue this wave of light.  
Remember the babies, never given a chance,  
To grow, to play, to love, or dance.  
Remember the toddlers, just starting to live,  
Teddy bears and blankies, and big hugs to give.  
Remember the children, who grew strong and  
true,  
Maybe struck by an illness that devastated you.  
Remember the teenagers and the promise in  
each,  
Taken suddenly or slowly, beyond our reach.  
Don't forget the adult child, fully grown,  
Whether 18 or 80, we still called them our own.  
Our grandchildren, sisters and brothers have  
died,  
For nieces and nephews and cousins, we've cried.  
Some of us say, "I've lost my dreams,"  
While others say, "my memories."  
So tonight we remember with this candlelight,  
So like our love that shines so bright.

### AUTHOR NOTE:

I wrote this for The Compassionate Friends  
World Wide Candle Lighting event a few years  
ago. We now read it every year.